

# MONTVERDE ACADEMY CAFETERIA MENU



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Scrambled Eggs Breakfast Burrito Hash Browns Sausage Links Oat Meal	Cheese Omelet French Toast Tater Tots Bacon Grits	Scrambled Eggs Biscuits & Gravy Home Fries Sausage Patties Oat Meal	Scrambled Eggs Western Omelet Tater Tots Ham Cheese Grits	Scrambled Eggs Chocolate Chip Pancakes Corned Beef Hash Home Fries	BRUNCH	BRUNCH
	<b>PASTRY BAR / CEREAL BAR / WAFFLE BAR EVERYDAY</b>						
<b>LUNCH</b>	Turkey Taco Spanish Rice Peas	Chicken Fingers  French Fries Broccoli	Chili Dogs Hot Dogs Baked Beans Corn on the Cob	<i>Breakfast for Lunch</i> Scrambled Eggs French Toast Sticks Sausage Link Home Fried Potatoes	Pizza Mixed Vegetables	BRUNCH	BRUNCH
	<b>SOUP &amp; SALAD BAR / DELI BAR EVERYDAY</b>						
<b>PASTA BAR</b>	<i>Pasta</i> Marinara Sauce Alfredo Sauce	<i>Pasta</i> Meat Sauce Alfredo Sauce	<i>Pasta</i> Marinara Sauce Pesto Alfredo Sauce	<i>Pasta</i> Marinara Sauce Alfredo Sauce	<i>Pasta</i> Marinara Sauce Alfredo Sauce		
<b>ASIAN BAR</b>	<i>Steamed Rice</i> Orange Beef	<i>Steamed Rice</i> New Orleans Chicken Stir Fry	<i>Steamed Rice</i> Shrimp Stir Fry Lo Mein	<i>Steamed Rice</i> Tangerine Chicken	<i>Steamed Rice</i> Vegetable Stir Fry W/ Broccoli		
<b>DINNER</b>	Hamburgers Mac & Cheese Corn	Sliced Beef Gravy Roasted Potatoes Mixed Vegetables	Mandarin Pork Fried Rice Vegetable Stir Fry	Chicken Mashed Potatoes Carrots	Soy Glazed Tilapia Rice Pilaf Fresh Broccoli	Chef Special	Sweet & Sour Meatballs White Rice Snow Peas
	<b>SALAD BAR / DELI BAR EVERYDAY</b>						
<b>ASIAN BAR</b>	<i>Beef &amp; Broccoli</i> <i>Steamed Rice</i>	<i>Vegetable Stir Fry</i> <i>Steamed Rice</i>	<i>Sweet &amp; Sour</i> <i>Chicken with</i> <i>Vegetables</i> <i>Steamed Rice</i>	<i>Vegetable Stir Fry</i> <i>Steamed Rice</i>	<i>Pork Fried Rice</i> <i>Steamed Rice</i>	CLOSED	CLOSED